

# Resource Guide



Updated May 2012

## RESOURCE GUIDE

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## **Migrant Health Services**

### **WELCOME TO NEBRASKA**

#### **MIGRANT AND SEASONAL FARM WORKERS**

The mission of Migrant Health is to provide quality care, education, services, and to promote a healthy life style for our migrant and seasonal families.

Migrant Health has now been combined with the Community Action Partnership of Western Nebraska (CAPWN) Health Center in order to provide you with a wider variety of resources and services at the clinic; family planning, maternal health and child care, prenatal care, WIC, commodities, immunizations, dental care, eye care, transportation, assistance with medications, HIV testing and counseling, diabetic teaching and support groups, doctor referrals, nutrition and diet counseling.

In order to be eligible, you must apply at Community Action Partnership of Western Nebraska Health Center. A minimum co-pay of \$20.00 is required at time of visit. Once the client's family's income is determined; they will be placed on a sliding fee scale based on their gross income. No one will be turned away because they cannot pay. Money collected will be used to support the Migrant Health Program.

Families with children up to the age of 19 are encouraged to apply for Kids Connection at the Community Action Partnership of Western Nebraska Health Center. Through presumptive eligibility, children will be immediately covered by medical insurance. Within forty-five days, eligibility will be determined by the Department of Health and Human Service and if deemed eligible, a medical card will be issued.

Migrant Health offers information for medication assistant programs for clients who take routine medication. Migrant Health also collaborates with Migrant's Clinicians Network which offers a data base to allow medical records to follow clients to their next destination.

#### **MEDICAL CARE**

In order to provide a comprehensive medical coverage, Community Action Partnership of Western Nebraska Health Center will offer special clinics for your convenience. Beginning in June and ending in September, Community Action Partnership of Western Nebraska – Migrant Health Program will conduct a clinic in Alliance on Tuesdays from 9:00 am – 7:00 pm. Community Action Partnership of Western Nebraska Health Center's main clinic in Gering provides services to Migrant & Seasonal Farm Workers year round. The Gering Clinic is open Monday – Thursday 8:00 am – 6:30 pm and 8:00 am – 5:00 pm Fridays. Family Planning is also available during the regular scheduled hours. An evening dental clinic will be offered on Thursday starting in June. For appointments you may call 1-800-658-4489 or 308-633-3346, and ask for the Migrant Health Program.

#### **HOSPITALIZATION IN PATIENT/OUT PATIENT / EMERGENCY ROOM**

If the doctor orders a hospital admission, you will be responsible for the bill. Migrant Health is not responsible for costs, which occur during an in-patient admission, or for a visit to the Emergency Room. Please contact the Collections Department or a social worker for assistance.

True emergencies do exist and require medical attention. Examples of true emergencies are difficulty breathing, deep wounds or cuts that require stitches, convulsions, seizures, chest pain, hemorrhaging, internal bleeding, fractures, or severe strain or sprains of bone, vomiting blood, complications of pregnancies, eye injuries, severe pain or high fever.

Before going to the emergency room, please contact your Outreach Worker or the Health Clinic.

## **MEDICATIONS**

When your doctor orders prescription medication, you need to take a voucher to the pharmacy. Please have your prescription filled the same day. It is important to begin your medication as soon as possible and take as directed. **DO NOT** take any medication that has been prescribed for someone else, **DO NOT** give medicine that has been prescribed for you to anyone else. If your doctor orders an antibiotic, take as directed and until the medicine is gone. You may feel better after a day or two, but **DO NOT STOP** taking the medicine.

If you develop an allergic reaction to any medication, such as a rash or shortness of breath, stop taking the medication immediately and notify your doctor or CAPWN Health Center as soon as possible.

The Migrant Health Program does not pay for no-prescription (over the counter) drugs unless ordered by your physician.

## **DENTAL**

If you need to see a dentist, call 308-632-2279 or 1-800-658-4489 and an appointment will be made for you. If you have a dental emergency occurring during hours when the Dental Clinic is not open, please contact Migrant Health as soon as possible.

## **EYE CARE**

If your children need their eyes examined or have been referred to have them examined, contact Migrant Health, as you will need a voucher. Voucher will be no more than \$100 per family member.

## **IMMUNIZATIONS**

Be aware of your child's immunization status. If you do not have up to date records of shots for your child, contact your doctor or health departments for the records. Bring your child's record to the Migrant Health nurse or clinic.

The Public Health Service and American Academy of Pediatric recommend the following schedule for infants and children:

### **PANHANDLE IMMUNIZATION COALITION**

The Panhandle Immunization Coalition would like to take this opportunity to remind you to love and protect your child by keeping them up to date on their immunizations. Children need immunization at 2 months, 4 months, 6 months, 12-18 months, 4-6 years old, and 11-12 years old. The following are clinics that provide children's immunizations.

### **CLINICS**

#### **Community Action Partnership of Western Nebraska Immunization Clinic (formally PCS):**

M-F by appointment 308-632-2540 o 308-633-3314

#### **Scotts Bluff County/RWMC Community Health Immunization Clinics:**

Wednesdays, for appointment call 308-630-1126

#### **Regional West Physicians Clinic Pediatrics:**

Call 308-630-1811, as for Nurse Appointment, ext. 2655

#### **Regional West Physicians Clinic Family Practice:**

Call for appointment with your provider, 308-630-2100

Or the immunization nurse at 308-630-2193

**Western Family Medicine:** appointments, 308-630-7977

**Quick Care:** 308-630-0800

#### **Kimball Health Services**

1<sup>st</sup> Tuesday of the month, for appointment call 308-235-1915

Get immunizations for your baby as soon as they are 2 months old - do not wait until your child reaches school age to begin as waiting may mean your child may get a serious disease. It is important to carry your immunization information with you at all times.

Booster doses of Tetanus-Diphtheria should be taken every ten years throughout life and or if injured between the 5<sup>th</sup> and 10<sup>th</sup> years.

Immunizations are provided at CAPWN Health Center, Regional West Medical Center south Unit clinic Rooms, and Box Butte General Hospital.

Please have all past immunization dates recorded and available to give to clinic staff.

If the parent will not be able to bring the child to the clinic, the parent must sign immunization sheets and **have legal consent to have** the caregiver bring the child to the clinic that day.

If you sustain an injury such as a deep or a nail puncture, come to the Migrant Health Office, as you may need a tetanus booster.

### **FAMILY PLANNING**

Family Planning services are available at CAPWN Health Center. Scheduled appointments will be available on the day that they have clinics in which they offer: birth control supplies, Sexually Transmitted Disease (STD) tests, treatment when needed, pap smears, pregnancy testing, breast and pelvic examinations, and instructions in all methods of birth control. Also providing testing and counseling for HIV. Appointments need to be made before service. In Alliance, please call 1-800-658-4489 or **308-762-3696** (Tuesdays only in Alliance).

### **HIV/AIDS COUNSELING AND TESTING SERVICES**

HIV/AIDS counseling and testing services are available upon request at CAPWN Health Center. Counseling Services are provided in Spanish. All services are confidential or anonymous. No appointment is necessary. In Alliance please call the Outreach Worker for information and a referral to the local HIV counseling and testing site. If you need HIV/AIDS counseling or a testing appointment, please call (308) 633-3264.

### **PREGNANCY CARE**

**It is very important that you see the Migrant Health Nurse as soon as possible if you think you are pregnant.** CAPWN Health Center provides care and education during pregnancy. A physician is available to follow your pregnancy. If you have had care elsewhere during your pregnancy, please bring your records with you. When you leave the area, please notify the Migrant Health Office so we can send your health records with you. Migrant Health does not pay for sterilization or abortions.

### **NUTRITION**

Diet and basic nutrition education and counseling are available at CAPWN Health Center. The WIC Program (Special supplemental food program for women, infants, and children) is available to those who qualify. Those eligible to apply are: Pregnant women; breast feeding mothers up to one year; and children up to 5 years of age. If you have been in a WIC program in another area, please take your WIC card and any unused vouchers with you when you apply. Please call 632-2540 for an appointment. In Alliance, please call the Outreach Worker for information and a referral to the local WIC office.

### **HEALTH EDUCATION**

Health education programs and materials are available throughout the year as well as blood pressure, and blood sugar tests. The education programs will provide you with updated educational information and material on preventive health topics such as: risk reduction, basic first aid, and poison and fire prevention. Diabetics and their families may receive one-on-one or group education. Preventative Health Education is of utmost importance. The benefits for most individuals are better and their life-styles healthier. If you would like information or would like to talk to someone of any health subject, contact Migrant Health.

**IF YOU FEEL YOU ARE DISSATISFIED WITH ANY DECISIONS MADE REGARDING ELEGIBILITY OR RECEIPT OF BENEFITS FOR YOUR FAMILY OR YOURSELF FROM THE CAPWN COMMUNITY AND MIGRANT HEALTH PROGRAM, YOU MAY CONTACT THE PROGRAM COORDINATOR FOR INSTRUCTIONS AND A COPY OF THE PROCEDURE TO FOLLOW.**

**Community Action Partnership**  
**of Western Nebraska**  
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**Administration**

Executive Director	633-3218
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Chief Financial Officer	633-3220
Billing Department	633-3222

**Asset Building Choices Program**

ABC Program Manager	633-3310
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Special Distributions and Projects	633-3236
VITA -Tax Assistance	633-3236



## CLOTHING

<b><u>ABC OPPORTUNITY CENTER</u></b>	633-3377
Gering- 2027 10 <sup>th</sup> Street – Clothing for interviews only	
<b><u>BARGAIN BIN</u></b>	635-3755
Scottsbluff - 1517 2 <sup>nd</sup> Avenue	
<b><u>CATHOLIC USED CLOTHING RUMMAGE HOUSE</u></b>	254-2828
Sidney - 14 <sup>th</sup> and King Street	
<b><u>CENTSIBLE SHOP, THE</u></b>	762-5339
Alliance – 312 Box Butte Avenue	
<b><u>GOODWILL STORE</u></b>	632-3949
Scottsbluff - 1508 E 20 <sup>th</sup> Street 8 am to 9 pm Mon- Sat; 10 am to 6 pm Sun	
<b><u>HERITAGE OF BRIDGEPORT</u></b>	262-0725
Bridgeport – 505 O Street	
<b><u>INTERCULTURAL CHAPPELL</u></b>	632-8520
Scottsbluff - 1401 14 <sup>th</sup> Avenue Open once per month, call ahead to make arrangements	
<b><u>LAKOTA LUTHERAN CENTER</u></b>	632-3774
Scottsbluff - 1200 E Overland 8 am to 4 pm Mon-Thurs: Coats and Blankets only, for clothing please call ahead	
<b><u>LOCAL POLICE DEPARTMENT</u></b>	235-3608
Kimball - 223 S Chestnut	
<b><u>MISSION STORE, THE</u></b>	762-4620
Alliance - 203 Box Butte Avenue	
<b><u>MONUMENT FAMILY CONNECTIONS</u></b>	633-9673
Scottsbluff – 1937 Avenue A	
<b><u>MULBERRY BUSH</u></b>	633-2001
Scottsbluff - 514 S Broadway (across from Safeway)	
<b><u>PLAY IT AGAIN SAM THRIFT STORE</u></b>	254-7028
Sidney – 427 Illinois	
<b><u>POTTERS WHEEL MINISTRIES COMMUNITY THRIFT STORE</u></b>	633-3288
Scottsbluff- 1815 1 <sup>st</sup> Avenue	
<b><u>SALVATION ARMY THRIFT STORE AND FOOD BANK</u></b>	254-1044
Sidney – 932 10 <sup>th</sup> street	
<b><u>SHOES MINISTRY</u></b>	641-8578
Scottsbluff - 1701 W. 27 <sup>th</sup> Street – WestWay Christian Church Email <a href="mailto:shoesministry@yahoo.com">shoesministry@yahoo.com</a> .	

## CHURCHES

(List Upon Request)



## **CITIZENSHIP, IMMIGRATION AND NATURALIZATION**

### **IMMIGRATION AND NATURALIZATION SERVICE**

3736 S 132<sup>nd</sup> Street, Omaha NE

1-800-375-5283 (general info)

1-800-767-1833 (hearing impaired)

### **MEXICAN AMERICAN COMMISSION**

For questions about naturalization, immigration, or other Hispanic concerns

Olga Olivares - 436-1773, Alex Moreno - 436-2160, John Leon - 762-2371

### **MEXICAN CONSULATES**

Denver: 5350 Leetsdale Drive, Suite 100  
Street

303- 331-1110 Omaha: 3552 Dodge

402- 595-1841/44

### **NATIONAL PASSPORT INFORMATION CENTER**

1-877-4USA-PPT (1-877-487-2778)

## **DENTISTS**

### **Bridgeport Dental Clinic**

Bridgeport - 1006 Main Street

1-800-248-2057

262-1434

### **Chappell Dental Clinic**

Chappell - 246 Vincent Avenue

874-2910

### **Community Action Partnership of WN**

Gering – 975 Crescent Drive

635-3089

### **Giles Gene R D.D.S PC**

Alliance – 113 E 5<sup>th</sup> Street

762-1820

### **High Plains Dental**

Sidney - 1545 10<sup>th</sup> Avenue

254-2065

### **Kimball Family Dentistry PC**

Kimball - 416 W 2<sup>nd</sup> Street

235-3919

### **Kramer Mark G**

Scottsbluff – 213 W 38<sup>th</sup> Street

1-800-631-3232

635-7846

### **Maxwell Paul**

Alliance – W 10<sup>th</sup> Street

762-4187

### **Moody Dental Clinic**

Alliance – 220 Box Butte (open only Mondays)

762-1990

### **Neal Michael P**

Sidney – 2678 11<sup>th</sup> Avenue

254-2555

### **Peterson D. E., D.D.S.**

Gering – 1415 Sage Street

436-3491

### **Pieper Todd B (Valley Dental Center)**

Scottsbluff - 3725 Avenue D

632-2727

### **Platte Valley Dental Group**

Scottsbluff - 416 Valley View Drive, Suite 900

633-1111

### **Platz John W**

Sidney - 2525 11<sup>th</sup> Avenue

254-4175

### **Brandon Wilcox**

Alliance – W 10<sup>th</sup> Street

762-6131

### **Printz William D**

Sidney - 1340 10<sup>th</sup> Avenue

254-7171

## **EDUCATION**

### **ADULT BASIC EDUCATION PROGRAM**

Alliance – 616 Black Hills Avenue	762-9883
Gering – NAF (See Below)	632-5831
Sidney – 371 College Drive (WNCC)	254-5450
Scottsbluff - Independent Learning Center	635-6070
Guadalupe Center – 1200 E 9 <sup>th</sup> Street	635-6770

### **ALLIANCE PUBLIC SCHOOLS ADMINISTRATION OFFICE**

ADULT AND COMMUNITY ED	762-1580
SPECIAL EDUCATION DEPARTMENT - 100 W 14 <sup>th</sup> Street	762-4331

### **BANNER COUNTY PUBLIC SCHOOLS**

Harrisburg – 200 School Street - Superintendent	436-5263
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### **BAYARD PUBLIC SCHOOLS**

Bayard - 726 4 <sup>th</sup> Avenue - Superintendent	586-1700
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### **BRIDGEPORT PUBLIC SCHOOLS**

Bridgeport -800 Q Street / P.O. Box 430-Superintendent	262-1470
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### **CHADRON PUBLIC SCHOOLS**

Chadron – 602 E 10 <sup>th</sup> Street – Superintendent	432-0700
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### **CHADRON STATE COLLEGE**

Alliance – 1750 Sweetwater Avenue	763-2018
Chadron- 10 <sup>th</sup> and Main Street	432-6000
Scottsbluff – 1601 E 27 <sup>th</sup> Street	635-6006

### **CREEK VALLEY PUBLIC SCHOOL DISTRICT**

Chappell - Superintendent -	874-2911
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### **EARLY CHILDHOOD LEARNING CENTER**

Scottsbluff – 2512 2 <sup>nd</sup> Avenue	635-6293
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### **EARLY DEVELOPMENT NETWORK**

Scottsbluff – 4215 Avenue I	635-3427
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### **EDUCATION DEPARTMENT OF SPECIAL EDUCATION**

Scottsbluff - 1517 Broadway	632-1349
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### **EDUCATIONAL SERVICE UNIT 12**

Alliance/Chadron – 821 Morehead Street	432-2747
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### **EDUCATIONAL SERVICE UNIT 13**

Scottsbluff – 4215 Avenue I	635-3696
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### **EDUCATIONAL SERVICE UNIT 14**

Sidney – 1114 Toledo Street	254-4677
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### **FAMILY SKILLS BUILDING SERVICES**

Scottsbluff – 1012 W 36 <sup>th</sup> Street	630-8067
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### **GARDEN COUNTY PUBLIC SCHOOL DISTRICT**

Oshkosh – 200 W 4 <sup>th</sup> - Superintendent -	772-3242
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### **GERING PUBLIC SCHOOLS**

Superintendent - 1800 8 <sup>th</sup> Street	436-3125
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### **HEAD START**

Alliance – 1028 E 3 <sup>rd</sup> Street	762-2734
Bridgeport - 401 N Main Street	262-0507

Central- 940 Crescent Drive, Gering	635-6852
Gering -2005 4 <sup>th</sup> Street	436-2724
HFRC - 975 Crescent Drive, Gering	633-3321
Kimball - 509 W. 5 <sup>th</sup> Street	235-3048
Lewellen/VOA – 305 Main Street	778-5548
Lyman Tri-Community Preschool - 323 Jeffers Avenue	787-1717
Minatare Pre-Start – Assembly of God Church - 907 Main Street	783-6358
Mitchell Tiger Cub Preschool – 1439 13 <sup>th</sup> Avenue	623-2828
Morrill Tri-Community Preschool – 505 Center Avenue	247-2176
Scottsbluff - 1202 11 <sup>th</sup> Avenue	632-3881
Sidney - 1844 1 <sup>st</sup> Street	254-3880
WNCDC I, II, III, IV - 3118 17 <sup>th</sup> Avenue, Scottsbluff	635-3231

#### **HEMINGFORD SCHOOL DISTRICT NO 10**

Hemingford - 913 Niobrara - Superintendent 487-3328

#### **KIMBALL PUBLIC SCHOOL DISTRICT**

Kimball – 901 South Nadine - Superintendent 235-2188

#### **LEYTON PUBLIC SCHOOL DISTRICT**

Dalton – 504 Main - Superintendent 377-2303

#### **LIBRARIES**

Alliance Public Library – 1750 Sweetwater Avenue	762-1387
Bayard City Library - 509 Avenue A	586-1144
Big Springs Public Library	889-3482
Bridgeport Public Library - 722 Main Street	262-0326
Broadwater Public Library – 106 E Guthrie Street	489-0199
Chappell Memorial Library - 289 Babcock Avenue	874-2626
Gering Public Library - 1055 P Street	436-7433
Hemingford Public Library – 812 Box Butte Avenue	487-3454
Kimball Public Library - 208 S Walnut	235-4523
Lewellen Library – P.O. Box 104	778-5421
Lyman Public Library - 313 Jeffers Avenue	787-1366
Mitchell Public Library – 1447 Center Avenue	623-2222
Morrill Public Library - 119 E Webster Street	247-2611
Oshkosh Public Library – 307 West 1 <sup>st</sup>	772-4554
Potter Public Library - 333 Chestnut	879-4345
Scottsbluff Public Library - 1809 3 <sup>rd</sup> Avenue	630-6250
Sidney Public Library - 1112 12 <sup>th</sup> Avenue	254-3110

#### **MIGRANT AND SEASONAL HEAD START**

Gering - 3350 10 <sup>th</sup> Street	633-3283
Alliance – 1028 E 3 <sup>rd</sup> Street	762-2251
Scottsbluff – 3118 17 <sup>th</sup> Avenue	635-3231

#### **MIGRANT EDUCATION**

Gering – Gering High School, 1500 U Street	436-3121
Alliance – Grandview Elementary, 615 Grand Avenue	762-4519

#### **LUCY TORRES- NEBRASKA RECRUITER**

Scottsbluff, Bayard, y Gering 641-2205

#### **MINATARE PUBLIC SCHOOLS**

Minatare – 1107 E 7<sup>th</sup> Street - Superintendent 783-1232

#### **MITCHELL PUBLIC SCHOOLS**

Mitchell – 1619 19<sup>th</sup> Avenue - Superintendent 623-1707

**MORRILL PUBLIC SCHOOLS**

Morrill – Superintendent 247-2149

**PROTEUS, INC. (FORMERLY NAF) – SATELLITE OFFICE**Scottsbluff – 1423 1<sup>st</sup> Avenue 641-8563**POTTER/DIX PUBLIC SCHOOL DISTRICT**

Potter – 303 Walnut -Superintendent 879-4434

**SCOTTSBLUFF PUBLIC SCHOOLS**

2601 Broadway 635-6200

Homeless Liaison 635-6696

**SIDNEY PUBLIC SCHOOL DISTRICT**Superintendent – 1100 19<sup>th</sup> Avenue 254-5855**SIoux COUNTY SCHOOL DISTRICT**

Harrison – 435 Kate Street 668-2415

**VOCATIONAL REHABILITATION SERVICES**

Scottsbluff -1517 Broadway, Suite 131 632-1321

**WESTERN NEBRASKA COMMUNITY COLLEGE**

Alliance – 1750 Sweetwater Avenue 1-888-559-9622 763-2000

Scottsbluff – 1601 E 27<sup>th</sup> Street 1-800-348-4435 635-3606

Sidney – 371 College Drive 1-800-222-9682 254-5450

**WORKFORCE INVESTMENT PROGRAM – INDIAN INCORPORATED**Scottsbluff – 1934 3<sup>rd</sup> Avenue 632-5100**EMERGENCY ASSISTANCE****ABUSE ADULT/CHILDREN’S HOTLINE**

1-800-652-1999

**AMERICAN RED CROSS**Alliance – Box Butte Co Chapter – 914 W 10<sup>th</sup> Street 762-3887

Scottsbluff - North Platte Valley Chapter – 3701 Avenue D 635-2114

Sidney – American Red Cross – Court House 254-2922

**BOX BUTTE GENERAL MEDICAL FINANCIAL ASSISTANCE**

762-4357 Ext.3396

Under this program, a portion or all patients’ bill will be written off if income guidelines are met **and other help, such as Medicaid, is not available.****DIOCESE OF GRAND ISLAND (HISPANIC MINISTRIES)**

1-800-252-9325 1225 P.O.

Box 651, North Platte 532-2707

The diocese serves the Hispanic population from Scottsbluff, Gering, Mitchell, Lyman, Terrytown, Minatare, Morrill, Bridgeport, and Bayard. **Social Services:** \*food pantry \*translations \*transportation \*legal services \*others**DOVES (Domestic Violence Task Force)**

436-HELP

National Domestic Violence Hotline 1-800-799-SAFE

Alliance – 604 Flack Avenue 762-2215

Gering - 2035 10<sup>th</sup> Street 436-2787

Kimball – 225 S Chestnut 235-4961

Sidney – 1626 Illinois Street 254-5747

No charge. 24 hour crisis hotline, emergency shelter and transportation, emotional support, immediate assistance.

**HOPES CENTER**

Scottsbluff - 1937 Avenue A 633-4673

**JUST NEIGHBORS**

Alliance - 418 Missouri Avenue

762-5454

**LIFELINE**

762-4357 Ext. 3392

**NATIONAL MIGRANT EDUCATION HOTLINE (ESCORT)**

1-800-234-8848

The National Migrant Education Hotline is free and accessible to migrant farm workers and their families

**NATIONAL RUNAWAY HOTLINE**

1-800-runaway (2929)

[www.1800runaway.org](http://www.1800runaway.org)

**CONFIDENTIAL RUNAWAY HOTLINE**

1-800-231-6946

**NATIONWIDE RAINN NATIONAL RAPE CRISIS HOTLINE**

1-800-656-4673

**NEBRASKA DEPARTMENT OF HEALTH AND HUMAN SERVICES**

Box Butte County - 624 Yellowstone Avenue and 411 Black Hills Avenue

763-2900/2907

Cheyenne, Banner and Deuel Counties - 1020 10<sup>th</sup> Avenue/1820 Illinois Street

254-6913/6900

Kimball County - 114 E 3<sup>rd</sup> Street

235-2394

Morrill County - 605 Main Street, Bridgeport

262-1900

Scotts Bluff County - 1600 10<sup>th</sup> Street, Gering

436-6500

**NORTHWEST COMMUNITY ACTION PARTNERSHIP**

Alliance

762-4523

Chadron - 270 Pine

432-3393

**PARENTS ANONYMOUS**

1-800-421-0353

For parents who are physically abusive (normal weekday hours)

**POISON CONTROL**

1-800-222-1222

**PRENATAL CARE/INFANT CARE HOTLINE**

1-800-862-1889

**STATE PATROL - HIGHWAY EMERGENCY HELP**

1-800-525-5555

**ROAD CONDITIONS**

511

Scottsbluff - 4500 Avenue I

632-1211

**SUICIDE HOTLINE**

1-800-SUICIDE

**VALLEY AMBULANCE SERVICE**

635-1411 OR 911

**VALLEY CHRISTIAN NEIGHBORS - ST. AGNES CATHOLIC CHURCH**

Scottsbluff - 2314 3<sup>rd</sup> Avenue

632-2541

## EMPLOYMENT

**ABC OPPORTUNITY CENTER**

Gering- 2027 10<sup>th</sup> Street

633-3377

**ADVANCE SERVICES, INC.**

Alliance - 302 Box Butte Avenue

762-1282

Scottsbluff - 515 W 27<sup>th</sup> Street

630-2328

Sidney - 923 8<sup>th</sup> Avenue

254-1090

**COMMUNITY ACTION PARTNERSHIP OF WN**

3350 10<sup>th</sup> Street, Gering

635-3089

**EQUAL OPPORTUNITY COMMISSION**

Scottsbluff - 4500 Avenue I

632-1340

**EXPERIENCE WORKS**

632-1413

Call for service in your county-helps low income seniors with barriers to employment get training to find jobs in their communities

**INDIAN EMPLOYMENT SUPPORTIVE SERVICES – GED  
INDIAN CENTER, INC. – WESTERN OFFICE**

1934 3<sup>rd</sup> Avenue, Scottsbluff 632-5100  
Can pay any costs related to permanent employment (i.e. work boots, hard hats). Income guidelines and tribal verification are necessary.

**MANPOWER TEMPORARY SERVICES**

Scottsbluff – 1603 2<sup>nd</sup> Avenue 632-1090

**PROTEUS, INC. (FORMERLY NAF) – SATELLITE OFFICE**

Scottsbluff – 1423 1<sup>st</sup> Ave. 641-8563  
Contact Person: Anna Barragan – Case Manager

**NEBRASKA BUSINESS DEVELOPMENT CENTER-CHADRON STATE COLLEGE**

Chadron – Chadron State College 10<sup>th</sup> and Main St. 432-6286

**NEBRASKA JOB SERVICE**

Chadron – 1033 E 3<sup>rd</sup> Street Suite 1 432-6121  
Scottsbluff – 1930 E 20<sup>th</sup> Place Suite 200 632-1420

**NEBRASKA UNEMPLOYMENT INSURANCE CENTER**

Scottsbluff – 1717 Avenue C 635-0444  
Unemployment Insurance Services – For all surrounding areas (to file a claim) 1-877-725-9918

**NEBRASKA WORKFORCE DEVELOPMENT**

Alliance – 302 Box Butte Avenue 763-2935  
Scottsbluff – 1930 E 20<sup>th</sup> Place, Suite 200 632-1420  
Sidney – 923 8<sup>th</sup> Avenue 254-6937  
Program for those interested in schooling or training. Serves 16 years and older. Operates under eligibility requirements. For further information contact Pat Comfort.

**VOCATIONAL REHABILITATION SERVICES -**

Scottsbluff - 1517 Broadway, Suite 131 632-1321  
The rehabilitation process is a series of activities aimed at helping individuals prepare for, seek, and keep a job based on their abilities. Individually planned programs use any or all of the following services: Evaluation, Counseling, and Guidance, Restoration Services, Training, Independent Living Services and Post-Employment Services.

**WORKFORCE DEVELOPMENT CAREER CENTER EMPLOYMENT/VETERANS EMPLOYMENT SERVICES**

Alliance - 302 Box Butte Avenue 763-2937  
Chadron – 1033 E 3<sup>rd</sup> Street, Suite 1 432-0537  
Scottsbluff – 1930 E 20<sup>th</sup> Street, Suite 200 632-1420  
Sidney – 923 8<sup>th</sup> Avenue 254-6737

**FOOD ASSISTANCE**

**BAYARD COMMUNITY BIBLE CHURCH**

Bayard Food Pantry - 900 Main Street – Pastor Bradley Kihlthau 586-2032  
586-1461

**BRIDGEPORT FOOD PANTRY – DHHS**

Bridgeport - 605 Main Street 262-1900

**BRIDGEPORT PRESBYTERIAN CHURCH**

Bridgeport - 1014 S Street 262-0134  
Pantry is available M-F 9:00 am – 12:00 pm and 1:00 pm – 3:00 pm

**CHRIST THE KING CATHOLIC CHURCH**

Gering – 18<sup>th</sup> and N Street 436-2290

**COMMUNITY ACTION PARTNERSHIP OF WN**

Gering - **Food Pantry** - 3350 10<sup>th</sup> Street 635-3089  
 Gering - **WIC** -975 Crescent Drive 632-2540  
 Kimball -**Food Pantry** - 509 W 5<sup>th</sup> Street 235-3048  
 Sidney -**Food Pantry** - 2241 Illinois Street 254-5856  
**Commodity Supplemental Food Program** 635-7298

Once every two months, first Friday – 9:30am – 11:00am **in Alliance**

1<sup>st</sup>, 2<sup>nd</sup>, and 4<sup>th</sup> Wednesday of each month from 8:30am–12pm & 1:30pm–3:30pm in **Gering**

4<sup>th</sup> Tuesday from 9:30-10:30 a.m. @ St. Joseph's Catholic Church, **Kimball**/11-11:30am @ Sr. Center, **Potter**

2<sup>nd</sup> Tuesday – 10:00–11:00 a.m. @ the shelter by the Community Center, **Sidney**

3<sup>rd</sup> Tuesday from 9-11:00am @ Prairie Winds Community Center, **Bridgeport**

3<sup>rd</sup> Tuesday from 12:45–1:15pm @ Senior Center, **Chappell**

1<sup>st</sup> Monday from 11-11:30am @ Senior Center, **Lyman/Morrill** @ 10:00-10:30am

1<sup>st</sup> Thursday from 9:30–10:30am Senior Center, **Mitchell**

2<sup>nd</sup> Thursday from 10:15–10:45am @ Housing Authority, **Bayard**

3<sup>rd</sup> Thursday from 10-10:30am behind Senior Center, **Oshkosh** / 11-11:15am @ Volunteer Center, **Lewellen**

**COOPERATIVE MINISTRIES COUNCIL**

Scottsbluff - Contact Kelsey Hogue 632-4626

**CONGREGATE MEALS**

Sidney - 627 Toledo Street 254-4835

**JEREMIAH HOUSE**

Scottsbluff - 1201 12<sup>th</sup> Ave 632-2017

**LAKOTA LUTHERAN CENTER**

Scottsbluff – 1200 E Overland 632-3774

Lunch served at 12:00 pm on Tuesdays, Thursdays and Sundays

**MITCHELL FOOD PANTRY**

Mitchell – 1537 19<sup>th</sup> Avenue 623-1197

**MITCHELL MINISTERIAL ASSOCIATION-UNITED METHODIST CHURCH**

Mitchell - 1845 Broadway 623-1194

**NEBRASKA DEPARTMENT OF HEALTH AND HUMAN SERVICES**

Alliance - 624 Yellowstone Avenue 763-2900

Bridgeport - 605 Main Street 262-1900

Gering - 1600 10<sup>th</sup> Street 436-6500

Kimball - 114 E 3<sup>rd</sup> Street 235-2394

Sidney - 1020 10<sup>th</sup> Avenue/1820 Illinois Street 254-6913 Ext. 6900

Food Stamp Program and Emergency Assistance

**REJOICE LUTHERAN CHURCH**

Gering - 1025 Five Rocks Road 436-3212

**SALVATION ARMY**

Sidney - 932 10<sup>th</sup> Street 254-1044

**VOLUNTEERS OF AMERICA**

Lewellen - 305 Main Street 778-5548

**SOUP KITCHENS**

**Monday – 5:30 pm** Our Lady of Guadalupe Church  
1102 12<sup>th</sup> Avenue, **Scottsbluff** 632-2845

**Tuesday – 5:30 pm** Presbyterian Church  
1014 S Street, **Bridgeport** 262-0134

**Tuesday, Thursday,** Lakota Lutheran Center

<b>Sunday – 12:00 Noon</b>	1200 East Overland, <b>Scottsbluff</b>	632-3774
<b>Wednesday – 5:30 pm</b>	First United Methodist Church 900 O Street, <b>Gering</b>	436-2320
<b>Thursday – 5:30 pm</b>	First Presbyterian Church 101 E 20 <sup>th</sup> Street, <b>Scottsbluff</b>	632-2131
<b>Saturday – 5:30 pm</b>	Chuck Wagon Church 522 E Overland, <b>Scottsbluff</b>	
<b>Sunday – 9:30 am</b> (pancakes)	Chuck Wagon Church 522 E Overland, <b>Scottsbluff</b>	

## **HOUSING ASSISTANCE**

### **ALLIANCE GOOD SAMARITAN VILLAGE/CARE CENTER**

Alliance - 1016 E 16<sup>th</sup> Street 762-5675

### **CIRRUS HOUSING PROGRAM**

Scottsbluff - 1937 Avenue A 635-1488

### **COMMUNITY ACTION PARTNERSHIP OF WN**

Alliance – Estrella del Norte, 311-325 Grand Avenue 635-3089  
 Bayard – Prairie Buttes, 418-426 2<sup>nd</sup> Avenue  
 Bayard – Valle Verde Homes, 219-318 2<sup>nd</sup> Avenue  
 Potter – Western Sky Villa, 1110-1123 Sherman Street  
 Scottsbluff – Valle Verde Homes, scattered sites  
 Sidney – Crest View Apartments, 2730-2750 11<sup>th</sup> Avenue  
 Sidney – Crest View South, 2770 11<sup>th</sup> Avenue

### **HABITAT FOR HUMANITY**

Alliance-723 Flack Avenue 762-3700  
 Scottsbluff – 1624 2<sup>nd</sup> Avenue 633-2368

### **HOUSING AUTHORITIES AND LOW INCOME HOUSING**

#### **Alliance**

Alliance Housing Authority – 300 S Potash Avenue 762-5130  
 North Park Apartments – 439 W 25<sup>th</sup> Street 762-3878

#### **Bayard**

Bayard Housing Authority – 501 E 6<sup>th</sup> Street 586-1512

#### **Bridgeport**

Meadow View Apartments – 717 E 16<sup>th</sup> Street 262-0856

#### **Chadron**

Chadron Housing Authority - 740 Pine Street 432-3340

#### **Gering**

Gray Eagle Apartments – 400 K Street 436-5044

#### **Hemingford**

Apollo Court – 410 Box Butte Avenue 487-5322  
 Wheatridge Court Apartments – 409 Wyoming Avenue 487-3304

#### **Mitchell**

Central Court Apartments – 1320 14<sup>th</sup> Avenue 623-1631

#### **Oshkosh**

Oshkosh Housing Authority – 404 W 6<sup>th</sup> Street 772-3941

#### **Scotts Bluff County Housing Authority**

Bridgeport – 310 W 5<sup>th</sup> Street 632-0473



Chappell – 702 Hayward Avenue  
 Gering – Valacia Apartments – 7<sup>th</sup> Street  
 Minatare – Colson Manor  
 Morrill – Morrill Manor  
 Scottsbluff  
 Elmwood Village – Char and Laucomer Avenues  
 Rebecca Winters – 900-1100 15<sup>th</sup> Avenue  
 Terrytown  
 Bluff View Manor – 89A Woodley Park Road

**Scottsbluff**

RC Scot Apartments – 1409 E 17<sup>th</sup> Street 635-2904

**Sidney**

Housing Authority 254-3670  
 Sioux Villa – 1844 Ash Street  
 Western Heritage – 2549 11<sup>th</sup> Avenue

**Sidney**

Cheyenne Villa – 1900 Ash Street 254-5751

**NEBRASKA DEPARTMENT OF HEALTH AND HUMAN SERVICES**

Bridgeport – 605 Main Street 262-1900  
 Chadron – 1201 W 8<sup>th</sup> Street 432-6151  
 Gering – 1600 10<sup>th</sup> Street 436-6500

**USDA RURAL DEVELOPMENT**

Alliance – 411 Black Hills 762-2104  
 Chadron – 240 E 3<sup>rd</sup> 432-2924  
 Scottsbluff – 818 Ferdinand Plaza Suite B 632-2195

**WEATHERIZATION ASSISTANCE PROGRAM**

Alliance – NWCAP 1028 E 3<sup>rd</sup> Street 762-4523  
 Chadron – NWCAP 270 Pine Street 432-3393  
 Gering – CAPWN 3350 10<sup>th</sup> Street 635-3089  
 Kimball – 509 W 5<sup>th</sup> Street 235-3048  
 Sidney – 2241 Illinois Street 254-5856

This program is a federally funded grant program that works to correct the energy burden faced by Americans with lower incomes. It works to improve their health and safety by implementing energy-saving measures in their homes.

**LEGAL****ACLU (AMERICAN CIVIL LIBERTIES UNION)**

941 O Street, Suite 706, Lincoln NE 68508 402-476-8091

**COUNTY ATTORNEY**

Box Butte – 520 Box Butte Avenue, Alliance 762-8346  
 Cheyenne – 920 Jackson Street, Sidney 254-6060  
 Dawes – County Courthouse, Chadron 432-3900  
 Deuel – 171 Vincent Avenue, Chappell 874-2212  
 Garden – 611 Main Street, Oshkosh 772-3092  
 Kimball – 114 E 3<sup>rd</sup> Street, Kimball 235-3591  
 Morrill – 206 E 8<sup>th</sup> Street, Bridgeport 262-0892  
 Scotts Bluff – 1725 10<sup>th</sup> Street, Gering 436-6674

**EQUAL OPPORTUNITY COMMISSION**

Scottsbluff – 4500 Avenue I 632-1340

**LEGAL AID OF NEBRASKA**Scottsbluff – 1423 1<sup>st</sup> Avenue632-3844  
1-877-250-2016 SPAN  
1-877-669-8898 ENG**MEDIATION WEST**Scottsbluff - 1414 E 20<sup>th</sup> Street1-800-967-2115  
635-2002**NEBRASKA ADULT/CHILD PROTECTIVE SERVICES**Gering - 1600 10<sup>th</sup> Street1-800-652-1999  
436-6518**NEBRASKA ADVOCACY SERVICES**

1-800-422-6691

**NEBRASKA APPLESEED CENTER**

941 O Street, Suite 920, Lincoln NE 68508

402-438-8853

Nebraska Appleseed focuses on advancing policies and practices that promote self-sufficiency for Nebraska's working poor families, promote the integration and participation of immigrant populations in communities across Nebraska, provide safe and adequate child welfare services to children who need protection, increase low-income people's access to the legal system and support democracy by removing barriers to low-income people's participation in the electoral and public policy decision-making processes.

**NEBRASKA CHILD SUPPORT ENFORCEMENT**

Alliance – 520 Box Butte Avenue

Gering – 1725 10<sup>th</sup> Street

Sidney – 930 Jackson Street

1-800-831-4573  
1-877-631-9973  
762-6767  
436-6671  
254-6060**NEBRASKA COMMISSION FOR THE BLIND/VISUALLY IMPAIRED**

Scottsbluff – 4500 Avenue I

632-1340

**NEBRASKA JUVENILE SERVICES**

632-1309

**NEBRASKA LEGAL SERVICES**Scottsbluff – 1423 1<sup>st</sup> Avenue

Outside Scottsbluff – Call Toll Free

632-4734  
1-877-250-2016**NEBRASKA PAROLE ADMINISTRATION**

Scottsbluff -4500 Avenue I (Corrections)

4502 Avenue I (Juvenile)

4500 Avenue I (Corrections)

632-1283  
632-2471  
632-1283**PUBLIC DEFENDER**Alliance – 204 W 3<sup>rd</sup> AvenueGering – 1725 10<sup>th</sup> Street

(Scotts Bluff County)

762-6644  
436-6678**SCOTTS BLUFF CO CORRECTIONS**Gering - 2522 7<sup>TH</sup> Street

436-7300

**SCOTTS BLUFF CO DIVERSION PROGRAM**Gering – 1725 10<sup>th</sup> Street

436-4499

**SCOTTS BLUFF CO PROBATION DIST 10**

Gering – 1825 10 <sup>th</sup> Street	436-6655
Intensive Supervision	436-3342
Juvenile Probation	436-6645

**WING**

Gering – 1825 10 <sup>th</sup> Street	436-4544
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**MEDICAL SERVICES****ALLIANCE CHILDREN'S & ALLIED HEALTH**

Alliance – 204 E. Third St	761-1151
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**ALLIANCE FAMILY MEDICINE**

Alliance - 2091 Box Butte Avenue #500	762-2534
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**ALLIANCE HOME CARE (REGIONAL WEST HOME CARE)**

Alliance - 104 E 6 <sup>th</sup> Street	762-2877
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**BLIND & VISUALLY IMPAIRED COMMISSION**

Scottsbluff - 1517 Broadway	632-1300
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**BLOOD PRESSURE CLINICS - Alliance**

Alliance - <u>Senior Service Center</u> , the 3 <sup>rd</sup> Thursday of each month from 10:00-11:00 am	762-8774
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Alliance - <u>Good Samaritan Towers</u> on the 1 <sup>st</sup> and 3 <sup>rd</sup> Monday of each month from 10:00- 11:00 am	762-8970
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**BLUFFS HEALTHCARE CLINIC**

914 W 36 <sup>th</sup> Street	633-1280
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**BOX BUTTE GENERAL HOSPITAL**

Alliance – 2101 Box Butte	762-6660
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Direct Line Access	762-4357
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**BRIDGEPORT POST MEDICAL CLINIC**

Bridgeport - Morrill County-1320 S Street	262-1755
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**CHADRON COMMUNITY HOSPITAL**

Chadron - 825 Centennial	432-5586
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**CHADRON MEDICAL CLINIC**

Chadron - 300 Shelton Street	432-4441
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**CHAPPELL MEDICAL CLINIC**

Chappell - 562 Vincent Avenue	874-3355
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**CHIMNEY ROCK MEDICAL CENTER**

Bayard - 320 Main Street	586-1717
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**COMMUNITY ACTION PARTNERSHIP OF WN**

Gering - 975 Crescent Drive	632-2540
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Commodity Supplemental Food Program, Dental / Health Services and Education, Immunizations / Tuberculosis Testing, Diabetes Control Program, HIV Counseling and Testing, Reproductive Health / Every Woman Matters, WIC Food Program, Migrant Health Program, Pesticide Training

**DEAF & HARD OF HEARING COMMISSION**

Scottsbluff - 4500 Avenue I	1-888-588-5598
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	633-1207
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**EVERY WOMAN MATTERS PROGRAM**

Scottsbluff – Women’s Center at Regional West	1-866-559-2344
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	632-7646
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**GERING CLINIC REGIONAL WEST PHYSICIANS CLINIC**

Gering - 1275 Sage Street 436-2101

**HOME HEALTH SERVICES**

Bridgeport - Morrill County 1309 R Street 262-1600

Scottsbluff – Regional West - 2 W 42<sup>nd</sup> Street Suite 100 630-1430

**INTERNAL MEDICINE REGIONAL WEST PHYSICIAN CLINIC**

Scottsbluff - 3911 Avenue B Suite 1110 630-2101

**KIMBALL COUNTY HOSPITAL**

Kimball - 505 S Burg 235-1951

**KIMBALL HEALTH SERVICES - CLINIC**

Kimball - 505 S Burg 235-1966

**LAKOTA LUTHERAN CENTER**

Scottsbluff – 1200 E Overland 632-3774

Medical shuttle to Pine Ridge for enrolled Native Americans

**MARCH OF DIMES NEBRASKA CHAPTER**

Omaha 1-800-800-1435

Lincoln 402-496-7111

402-488-6612

**MEMORIAL HEALTH CENTER**

Sidney - 645 Osage Street 254-5825

**MITCHELL MEDICAL CARE CENTER**

Mitchell - 1456 Center Avenue 623-1234

**MORRILL COUNTY MEDICAL COMMUNITY HOSPITAL**

Bridgeport - 1313 S Street 262-1616

**MORRILL REGIONAL WEST PHYSICIANS CLINIC**

Morrill - 302 Center Avenue 247-3475

**NAF-MULTICULTURAL HUMAN DEVELOPMENT CORPORATION**

Gering - 3305 10<sup>th</sup> Street 632-5831

Can do HIV/AIDS education and prevention in English and Spanish. HIV/AIDS testing. Make appointment.

**PEDIATRICS REGIONAL WEST PHYSICIANS CLINIC**

Scottsbluff - 2 West 42<sup>nd</sup> Street 1110 630-1811

**REGIONAL WEST PHYSICIANS CLINIC-FAMILY MEDICINE**

Gering – 1275 Sage Street 436-2101

Mitchell – 1456 Center Avenue 623-1234

Morrill – 302 Center Avenue 247-3475

Scottsbluff – 3911 Avenue B 630-2100

**REGIONAL WEST MEDICAL CENTER**

Scottsbluff - 4021 Avenue B 635-3711

**SANDHILLS FAMILY CENTER**

Alliance - 2091 Box Butte Avenue 762-7244

**SCOTTS BLUFF COUNTY COMMUNITY HEALTH NURSE**

Scottsbluff - 3700 Avenue B 630-1126

**SCOTTS BLUFF COUNTY HEALTH DEPT. OFFICE**

Gering - 1825 10 <sup>th</sup> Street	436-6636
Scottsbluff – Regional West	635-3866
<b><u>SCOTTS BLUFF COUNTY IMMUNIZATION CLINIC</u></b>	630-1126
Scottsbluff	
<b><u>SCOTTSBLUFF RWMC PHYSICIANS CLINIC</u></b>	
Scottsbluff - 3911 Avenue B	630-2100
<b><u>SIDNEY CAMS CLINIC</u></b>	
Sidney - 1625 Dorwart Drive	874-2255
<b><u>QUICK CARE MEDICAL SERVICES - Urgent Medical Care</u></b>	
Scottsbluff - 3210 Avenue B	630-0800
<b><u>WALK IN URGENT CARE REGIONAL WEST PHYSICIANS CLINIC</u></b>	
Scottsbluff - 3011 Avenue B	632-2215
Medical Plaza South – 3911 Avenue B	630-2100
<b><u>WESTERN COMMUNITY HEALTH RESOURCES</u></b>	
Alliance - 619 Box Butte Avenue	762-3696
SERVICES: Early Intervention Services, Every Woman Matters, Family Reproductive Services, HIV/AIDS Testing and Education, Rural Partnership for Children, WIC, Family Video Library	
<b><u>WOMENS CENTER, REGIONAL WEST PHYSICIANS CLINIC</u></b>	
Scottsbluff - 3911 Avenue B Suite 3100	635-3033

## **TOLL FREE MEDICAL SERVICES NUMBERS**

<b><u>AIDS HOTLINE (NEBRASKA)</u></b>	1-800-782-AIDS
<b><u>ALZHEIMER’S DISEASE ASSOCIATION</u></b>	1-800-272-3900
<b><u>AMERICAN CANCER SOCIETY NEBRASKA DIVISION</u></b>	1-800-227-2345
<b><u>AMERICAN DIABETES ASSOCIATION</u></b>	1-800-342-2383
<a href="mailto:ADA@diabetes.org">ADA@diabetes.org</a>	(Spanish available)
<b><u>AMERICAN KIDNEY FUND</u></b>	1-800-638-8299
<b><u>CANCER INFORMATION SERVICE</u></b>	1-800-422-6237
<b><u>CHEMICALLY DEPENDENT-ADULT TREATMENT</u></b>	1-800-742-7845
<b><u>CHEMICALLY DEPENDENT-YOUTH TREATMENT</u></b>	1-800-742-7845
<b><u>CHILDFIND OR QUESTIONS ON BABY’S DEVELOPMENT</u></b>	1-888-806-6287
<b><u>CYSTIC FIBROSIS FOUNDATION</u></b>	1-800-344-4823
<b><u>EATING DISORDERS</u></b>	1-800-445-1906
<b><u>EVERY WOMAN MATTERS</u></b>	1-800-532-2227
<b><u>HEALTHY MOTHER HEALTHY BABIES</u></b>	1-800-862-1889
<b><u>HIV AIDS</u></b>	1-800-342-2437
Spanish	1-800-344-7432
Hearing Impaired	1-800-243-7889
<b><u>HOTLINE FOR DISABILITY SERVICES</u></b>	1-800-742-7594
<b><u>HEALTH INFORMATION CENTER</u></b>	1-800-336-4797

<b><u>HEARING AND SPEECH ACTION LINE</u></b>	1-800-638-8255
<b><u>KIDS CONNECTION</u></b>	1-877-632-5437
<b><u>MARCH OF DIMES NEBRASKA CHAPTER</u></b>	1-800-800-1435
<b><u>MEDICALLY HANDICAPPED CHILDREN'S PROGRAM</u></b>	1-800-358-8802
<b><u>NATIONAL ASTHMA CENTER</u></b>	1-800-222-5864
<b><u>NUTRITION AND DIETETICS</u></b>	1-800-366-1655
<b><u>THE POISON CENTER</u></b>	1-800-222-1222
<b><u>SOCIAL SECURITY ADMINISTRATION</u></b>	1-800-772-1213
<b><u>SUDDEN INFANT DEATH SYNDROME</u></b>	1-800-232-7437

## **MENTAL HEALTH**

### **ADDICTION COUNSELING/CONSULTATION SERVICES**

Scottsbluff – HATC 2620 College Park	630-6561
<b>Juanita Rodriquez, LADC, NCAC I,Q-SAP</b>	631-2285

### **BEHAVIORAL HEALTH UNIT AT RWMC**

Scottsbluff - 4021 Ave B	635-1500
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### **CAPWN COUNSELING**

<b>Patricia Durner, LIMHP</b> (CAPWN Health Clinic)	633-3345
<b>Donna DeForge LMHP</b> , (free to Head Start families)	633-3208

### **CIRRUS HOUSE**

Scottsbluff - 1509 1 <sup>st</sup> Avenue, Scottsbluff	635-1488
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### **CLINICAL PSYCHOLOGY PROFESSIONAL COUNSELING**

Scottsbluff -2208 Broadway	632-8080
<b>Matthew Hutt, PhD</b>	632-8084
<b>Daniel Scharf, PhD</b>	
<b>Jeanne Townsend, LMHP</b>	
<b>April Davis, Psy. D.</b>	
<b>Nichelle Paz, PLMHP</b>	

### **COUNSELING SERVICES**

Scottsbluff – 1006 Avenue I	632-4200
<b>Sara Klein, MA, LMHP</b>	
<b>Terry Fisher-Edens, MA, LMHP</b>	

### **CROSSROADS RESOURCES LLC**

Chadron – 651 W 4 <sup>th</sup> Street	432-3920
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**Joan M. Yekel, LMHP, LPC, NCC**

### **DESTINY COUNSELING SERVICES, LLC**

Sidney - 1023 10 <sup>th</sup> Avenue	254-0737
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**Nancy Bradford, M.A.**

**Debra Loveless, Ed.S**

### **JANE EASTERLY, LMHP**

Sidney - 2245 Illinois Street	254-1114
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### **HARMONY COUNSELING**

Scottsbluff – 115 Railway Street <b>Sue Michaels, LMHP</b>	635-9888
<b><u>HEALTHY CHOICES COUNSELING</u></b> Scottsbluff –1414 E. 20 <sup>th</sup> St, Lower Level <b>Dallas Massey, LIMHP</b>	632-8236
<b><u>HEALING PLAINS MENTAL HEALTH INC</u></b> Chadron – P. O. Box 826	432-6799
<b><u>MONUMENTAL HEALTH COUNSELING SERVICES PC</u></b> Gering - 906 N Street <b>Regan Rico,LMHP</b>	436-2365
<b><u>*NEW HORIZON COUNSELING</u></b> Alliance - 212 Box Butte Avenue <b>Maria Del Carmen Prokop</b> , Mental Health Counselor-English & Spanish	762-9018
<b><u>OPTIONS IN PSYCHOLOGY</u></b> Scottsbluff - 2622 Avenue C <b>Anne Talbot, PSYD; Charlotte Ingram, MA,ATR,CPC; Mark Hald (specializes in working w/young children), PHD; Georgia Nelson, LMHP; Alan Smith, PHD; Nicole Vidlak, PHD; Chistine Karrele, APRN, Nurse Practitioner - Psychiatric</b>	632-8547
<b><u>OREGON TRAIL MENTAL HEALTH</u></b> Scottsbluff – 115 Railway Street <b>(Mark Anderson - Specializes in relationships)</b>	635-2800
<b><u>PANHANDLE MENTAL HEALTH CENTERS</u></b> Alliance - 212 Box Butte Avenue Scottsbluff – Main Office - 4110 Avenue D Community Support – 410 S Beltline Professional Partner Program -615 S Beltline Reach Out Foster Care – 615 S Beltline Sidney - 2246 Jackson Street Toll Free	762-2545 635-3171 632-4412 633-2070 632-1450 254-2649 1- 877-492-7001
<b><u>REGIONAL WEST PARTNERS IN BEHAVIORAL HEALTH</u></b> Scottsbluff - Medical Plaza North, 2 W 42 <sup>nd</sup> Street, Suite 3200 <b>Dr William Michael, Psy.D</b> <b>Dr Mark Scanlan, Psy. D</b> <b>Dr Vernon Kirk, Licensed Psychologist</b> <b>Jeff Fuhman, LMHP</b> <b>Anastasia Mia, MS, LMHP, CPC</b>	635-3888
<b><u>RENEW COUNSELING PC</u></b> Scottsbluff – 710 Grey Street <b>Richard Landrigan</b>	632-2525
<b><u>SOLUTIONS COUNSELING PC</u></b> Alliance – 321 Flack Avenue <b>Barb Shannon, LMHP, LPC, LADC</b> <b>Heather Binns, LMHP, CPC</b> <b>Bethany Kiser, LMHP, LPC</b>	762-4537
<b><u>TRANQUILITY HEALTH</u></b> Scottsbluff – 2626 Broadway	633-2845

**Sara Bartlett**

**TRANSFORMATIONS**

Gering – 940 O Street 637-4537  
**Lou Ann Wineman, MA, LMHP**

**RECREATIONAL CENTERS**

**AYSO SOCCER** 630-5570

**CARPENTER INTERGENERATIONAL CENTER**

Gering - 116 Terry Boulevard 635-8422

**GUADALUPE RECREATION CENTER**

Scottsbluff - 1200 E 9<sup>th</sup> Street 632-3941

**PRAIRIE WINDS COMMUNITY CENTER**

Bridgeport - 424 N Main Street 262-1825

**SIDNEY RECREATIONAL AND FITNESS CENTER**

Sidney – 625 Toledo Street 254-7000

**THE WAREHOUSE FITNESS CENTER**

Scottsbluff – 422 Avenue B 635-1177

**YMCA**

Alliance – 1202 E 10<sup>th</sup> Street 762-2201  
 Scottsbluff - 22 S Beltline East (P. O. Box 2423) 635-2318

**SELF-HELP AND SUPPORT GROUPS**

**ALCOHOLICS ANONYMOUS & AL-ANON**

24 hr. service line 635-1832  
**Alliance** - 623 Laramie Avenue 762-4824  
                   Human Services, Inc -419 W 25<sup>th</sup> Street 762-1717  
**Bayard** – Sacred Heart Catholic Church, 924 Avenue B 586-1744  
**Bridgeport** – Episcopal Church, 7<sup>th</sup> & L Streets 262-0828  
**Gering** – 1230 U Street 635-8144  
**Kimball** – 114 E 3<sup>rd</sup> Street 235-4818  
**Scottsbluff** - AA - 1718 Avenue C 632-4958  
                   AA – 801 Broadway 635-0828  
                   El Milagro del Siglo - 401 E Overland 632-2088  
                   Human Services Inc. Detox – 15 W 16<sup>th</sup> Street 635-7782  
                   Lakota Lutheran Center – 1200 E Overland 632-3774  
**Sidney** – Memorial Health Center – 645 Osage Street 254-2649  
 NE Referral Hotline 1-800-252-6465  
 Al-anon Hotline 1-800-344-2666

**AMERICAN RED CROSS**

Alliance – 914 W 10<sup>th</sup> Street 762-3887  
 Scottsbluff – 3701 Avenue D 635-2114  
 Sidney Courthouse - 254-2922

**BEHAVIORAL HEALTH CENTER (Psychiatric Center/Addiction Treatment)**

Scottsbluff - 4021 Avenue B 630-1500  
 Mary Armstrong, Director 630-1288



<b><u>BEREAVEMENT</u></b>	630-1149
<b><u>BIRTHRIGHT</u></b>	1-800-550-4900
<b><u>BRIDGES PROGRAM</u></b> (Substance abuse during pregnancy)	632-7274
<b><u>CALICO SPIRIT SUPPORT GROUP</u></b>	635-3807
Scottsbluff – 4500 Avenue I A living-well support group for people living with HIV and their families.	
<b><u>CONSUMER CREDIT COUNSELING</u></b>	1-800-808-2227
<b><u>DOMESTIC VIOLENCE SUPPORT GROUP</u></b>	436-HELP
Support Group-Tuesdays at 7 p.m.	
<b><u>DOVES PROGRAM</u></b>	1-886-953-DOVE 436-4357
<b><u>DRUG ABUSE HOTLINE</u></b>	1-800-662-4357
<b><u>DRUG FREE NEBRASKA</u></b>	1-800-662-4444
<b><u>MARIJUANA HOTLINE</u></b>	1-800-742-9333
<b><u>MEDIATION WEST</u></b>	
1414 E 20 <sup>th</sup> Street, Scottsbluff	635-2002
<b><u>PROTEUS, INC. (FORMERLY NAF) – SATELLITE OFFICE</u></b>	
Scottsbluff – 1423 1 <sup>st</sup> Avenue	641-8563
Contact Person: Anna Barragan – Case Manager	
<b><u>PANHANDLE MENTAL HEALTH</u></b>	
212 Box Butte Avenue, Alliance	762-2545
4110 Avenue D, Scottsbluff	635-3171
2246 Jackson, Sidney	254-2649
<b><u>PANHANDLE SUBSTANCE ABUSE COUNCIL</u></b>	
Scottsbluff - 1517 Broadway Suite 124	632-3044
Sidney - 2246 Jackson Street	254-2649
<b><u>PROJECT EXTRA MILE</u></b>	
Scottsbluff – 115 Railway Street – substance abuse prevention program	220-4137
<b><u>SINGLE PARENT/DISPLACED HOMEMAKER SUPPORT GROUPS</u></b>	
Alliance Center, 1750 Sweetwater Avenue	1-888-559-9622 763-2000
Western Nebraska Community College/Williams Bldg. 1601 E 27 <sup>th</sup> Street	
Scottsbluff Campus	635-6070
Sidney Campus, 371 College Drive	1-800-222-9682 254-5450
<b><u>SUBSTANCE/NARCOTICS ABUSE SUPPORT GROUP-NARCOTICS ANONYMOUS</u></b>	
	1-888-347-4446
<b><u>VETERANS SERVICE OFFICER</u></b>	
1825 10 <sup>th</sup> Street, Gering	436-6643
<b><u>VICTIM ADVOCATE</u></b>	
1725 10 <sup>th</sup> Street, Gering	436-5459

## **SERVICES FOR DISABILITIES AND ELDERLY**

### **AGING OFFICE OF WESTERN NEBRASKA**

Alliance - 1248 Missouri Avenue	762-1415
Chadron - 251 Pine Street	432-2996
Scottsbluff/Sidney - 1517 Broadway Suite 122	1-800-632-5140 635-0851

### **ALLIANCE PUBLIC SCHOOLS SPECIAL EDUCATION DEPARTMENT**

Alliance - 100 W 14 <sup>th</sup> Street	762-4331
Provides services to handicapped students from ages 0 to 21 years	

### **ANSWERS FOR FAMILIES**

Providing Internet based support to Nebraskans with special needs	<a href="http://www.answers4families.org">www.answers4families.org</a>
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### **NEBRASKA AUTISM SPECTRUM DISORDERS NETWORK**

Vicki Rutter, West Region Autism Coordinator	635-3696
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### **COMMISSION FOR THE DEAF & HEARING IMPAIRED**

	1-800-545-6244
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### **COMISSION FOR THE BLIND AND VISUALLY IMPAIRED**

Scottsbluff - 1517 Broadway	632-1304
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### **DEPARTMENT OF SPECIAL EDUCATION**

Scottsbluff - 1517 Broadway Suite 131	632-1349
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### **DEVELOPMENTAL PRESCHOOL**

Alliance - 100 W 14 <sup>th</sup> Street	762-4331
Serves children birth to 5 years developmentally delayed, speech impaired or that have motor delays. No charge for residents of Alliance Public School District.	

### **EARLY CHILDHOOD LEARNING CENTER**

Scottsbluff - 2512 2 <sup>nd</sup> Avenue	635-6293
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### **DISABLED PERSONS & FAMILY SUPPORT**

Lincoln - P. O. Box 95026	1-800-358-8802 402-471-9310
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### **DISABILITIES SERVICES HOTLINE**

	1-800-742-7594 632-1321
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### **EARLY DEVELOPMENT NETWORK (EDN)**

The EDN serves children birth through age 3 and their families. A child is eligible for EDN services if he or she is not developing typically, or has been diagnosed with a health condition that will affect his or her development.

Chadron/Alliance	1-800-717-1231 308-432-2747
Scottsbluff	308-635-3427
Sidney	1-888-298-6846 308-254-4677

### **EDUCATIONAL SERVICE UNIT # 13**

Scottsbluff - 4215 Avenue I	635-3696
Sidney - 1114 Toledo Street	254-4677

### **FOSTER GRANDPARENT PROGRAM**

Gering - 3350 10 <sup>th</sup> Street (CAPWN)	633-3348
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### **HANDY MAN SERVICES**

Bridgeport – 320 W 8<sup>th</sup> Street (Morrill Co) 262-1846  
 Gering – 1825 10<sup>th</sup> Street (Scotts Bluff Co) 436-6688  
 Kimball - 313 S Webster (Kimball Co) 235-2688  
 Anyone over 60 years of age is eligible to receive minor home repairs, seasonal maintenance and housekeeping.

**HOTLINE FOR HANDICAPPED**

Lincoln - 301 Centennial Mall South, 6<sup>th</sup> Floor 1-800-742-7594

**LEAGUE OF HUMAN DIGNITY**

Scottsbluff – 17 E 21<sup>st</sup> Street Suite 2 (Kathy Gibbons) 632-0407

**MEALS ON WHEELS**

Scottsbluff – P. O. Box 2363 632-3736

**MEDICALLY HANDICAPPED CHILDREN'S PROGRAM**

Gering – 3350 10<sup>th</sup> Street 1-800-358-8802  
633-3207

**MENTAL RETARDATION & DEVELOPMENTALLY DISABLED SERVICES**

Alliance - 319 Black Hills Avenue 762-1970

**MIGRANT AND SEASONAL HEAD START**

Gering - 3350 10<sup>th</sup> Street 635-3089

**NEBRASKA COMMISSION FOR THE BLIND/VISUALLY IMPAIRED**

Scottsbluff – 4500 Avenue I 632-1340

**NEBRASKA DEPARTMENT OF HEALTH AND HUMAN SERVICES**

**Adult Protection Hot Line** 1-800-652-1999

Alliance - 624 Yellowstone Avenue 763-2900

Gering - 1600 10<sup>th</sup> Street 436-6500

**PANHANDLE INDEPENDENT LIVING**

Scottsbluff – 510 S Broadway 635-7901

**PARENT TRAINING AND INFORMATION (PTI NEBRASKA)**

Serving children with disabilities and their families with parent training and information, family voices and supporting parents program [www.pti-nebraska.org](http://www.pti-nebraska.org) 1-800-284-8520

**READING TAPES FOR BLIND OR UNABLE TO READ**

Choice/Listening /Tapes 1-888-724-6423  
 Box 10, Port Washington NY 11050

**WESTERN REGION RESPITE NETWORK**

Sherri Blome. 848 Morehead Street, Chadron NE 69337 1-888-311-0017  
308-432-8190

**REGION I-OFFICE OF HUMAN DEVELOPMENT**

Scottsbluff - 2603 Circle Drive Scottsbluff 635-3444

Scottsbluff - 1618 19<sup>th</sup> Avenue 632-8016

Sidney - 427 East Illinois Street 254-6270

**SCOTTSBLUFF COUNTY VOLUNTEER CENTER**

Meals on Wheels-shopping for seniors 632-3736

Scottsbluff - 115 Railway Street

Scottsbluff - 2016 Avenue A

**SENIOR COMPANION PROGRAM**

Gering – 3350 10<sup>th</sup> Street 633-3238

**SOAR**

Scottsbluff - 4215 Avenue I

635-0661

**SOCIAL SECURITY ADMINISTRATION**

Social Security and SSI Information

1-800-772-1213

Medicare Information

1-800-633-1114

Scottsbluff - 415 Valley View Drive

635-2158

**SOCIAL SECURITY HOTLINE**

1-800-642-8310

**SUMMER PROGRAM FOR HANDICAPPED CHILDREN**

Contact Cindy Kreiling

436-6946

**VOCATIONAL REHABILITATION SERVICES**

Scottsbluff -1517 Broadway Suite 131

632-1321

**WESTERN COMMUNITY HEALTH SERVICES - EARLY DEVELOPMENT NETWORK**

Chadron - 821 Morehead

1-800-717-1231

Ext 127

Serves Box Butte, Dawes, Morrill, Sheridan and Sioux Counties.

Contact Persons: Autumn Calkins and/or Sherry Retzlaff

**TRANSPORTATION****Call for an appointment. These services have a fee.****DENVER COACH**

1-800-658-3125

**HANDY BUS SERVICE**

Alliance -Box Butte County Handy Bus - 212 Yellowstone Avenue

762-3596

Chappell - Deuel County Mini-bus - 245 Matlock Avenue

874-2438

Bridgeport - County Handy-Bus - 320 W 8<sup>th</sup> Street

262-1846

Gering - Scotts Bluff County- 1825 10<sup>th</sup> Street

436-6687 Ext 6688

Sidney -1115 13<sup>th</sup> Avenue

254-5300 Ext 7070

**CAPWN-MINORITY HEALTH PROGRAM**

Gering - 975 Crescent Drive

632-2540

**VISION CLINICS****BLUFFS VISION CARE PC**

Scottsbluff - 416 Valley View Drive

635-1633

**FAMILY VISION CLINIC**Alliance - 1317 West 3<sup>rd</sup> Street

762-4056

**GERING VISION CENTER**Gering - 1605 10<sup>th</sup> Street Suite B

436-3176

**JEFFREY COOK**

Sidney - 900 Pine Street

254-4041

**KIMBALL VISION CLINIC**

Kimball - 112 S Chestnut

235-3649

**MEDICAL CENTER EYE & CONTACT LENS CLINIC**

632-2039

Scottsbluff – 210 W 38<sup>th</sup> Street

**MONUMENT VISION CLINIC**

Scottsbluff – 1930 E 20<sup>th</sup> Place

632-2020

**OREGON TRAIL EYE CENTER**

Scottsbluff - 329 W 40<sup>th</sup> Street

635-3911

**SCOTTSBLUFF VISION CLINIC PC**

Scottsbluff - 3736 Avenue D

635-1234

**SEAN BLACKBURN**

Sidney – 836 18<sup>th</sup> Avenue

254-3225

**WEBB EYE CARE**

Scottsbluff – 313 W 38<sup>th</sup> St.

635-0800

1-866-WEBBEYE

## YOUTH SERVICES

**BOYS AND GIRLS TOWN**

1-800-448-3000

**CAPSTONE CHILD ADVOCACY CENTER**

Scottsbluff – 513 W 24<sup>th</sup> Street

632-7274

**CASA (Court Appointed Special Advocate)**

Scottsbluff – 115 Railway Street

633-1059

**CAPWN YOUTH SERVICES**

Gering - 3350 10<sup>th</sup> Street - Main Office

635-3089

Crossroads Mentoring

635-3479

Emergency Youth Shelter

635-7777

Maternity Group Home TLP

632-8811

Missing Link Program

635-3479

Outreach Counseling

633-3203

Rural Host Home

    Scottsbluff

635-3203

    Sidney

249-1022

    Chadron

432-3393

SOS – Street Outreach Program

641-8050

Supportive Housing

633-3231

**CIRRUS HOUSE**

Scottsbluff - 1509 1<sup>st</sup> Avenue

635-1488

**CONFIDENTIAL RUNAWAY HOTLINE**

1-800-231-6946

**HOMELESS SCOTTSBLUFF PUBLIC SCHOOLS**

635-6696

**JUVENILE PROBATION**

Gering - 1825 10<sup>th</sup> Street

436-6645

**SPEAK OUT**

Scottsbluff – 212 West 27<sup>th</sup> Street

632-2051